



Knight Digest



Union Council 4504

Vol. 13 No. 18

UNION, N. J.

JANUARY 1973

UNION COUNCIL MAKES DONATION TO PROJECT CONCERN



THE SHOW "A KNIGHT DOWN SOUTH" WHICH WAS PRESENTED ON APRIL 29, 1972 WAS PERFORMED BY UNION COUNCIL MEMBERS UNDER THE DIRECTION OF JOSEPH RUDDY. THE PROCEEDS OF THE SHOW WAS DONATED TO PROJECT CONCERN. ALSO THIS YEAR'S WHEELCHAIR BASKETBALL GAME WHICH WILL BE HELD ON SATURDAY, JANUARY 13TH AT BURNETT JUNIOR HIGH WILL ALSO BENEFIT THE FLOOD VICTIMS IN WILKES BARRE, PA.



Members of Union Council, Knights of Columbus, brought back the days of the riverboats on Saturday, April 29, in their musical presentation "Showboat." The event was held at Burnet Junior High School at 8 p.m. Cast members include: Top row, Helen Farina, Vilma Kraemer, Arlene Carver, Ann Pinney, Joseph Ruddy (director), Gilda

Mirizio, Enrico Farro (musical director), Marge Denesh, Betty Sammarco, Anne Jordan; Second row, Ken Pinney, Roy Trupiano, Ray Sullivan, Leo Lupia, Mike Noce, Sr., Barney Capriglione; First row, Rose Cosenza, Paula Spalletta, Peggy Walker, Ann Sullivan, Helen Tomko, Jerri Grosso, Julia Meckback and Marion Lupia.

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New Knighthood Degree Exemplified

The exemplification of the newly revised Knighthood Degree was performed expertly at the Council Home on Wednesday, November 22nd in honor of Father Edward Swierzbinski by a team from Union and Essex Counties. We wish all our New Brothers well and hope they will partake of the joy of giving of themselves.

Following are the names of our New Brothers who received the Degree November 22, 1972:

Anello, Sal
Anzalone, Salvatore, Jr.
Brady, Thomas W., Jr.
Brahm, Henry F.
Christofaro, John
Contaldo, Attilio
Farley, Lawrence J.
Farro, Enrico A.
Foligno, John A.
Garrubbo, Joseph L.
Gass, Walter R.
Nitti, Frank A.
Ruddy, Joseph A.
Savastano, John A.
Siarniak, Stanley M.

Eyes for the Needy

What to do with all those old eyeglasses gathering dust in your closets! Now is a good time to get rid of them, donate them to the "Eyes for the Needy". A box will be provided for them at Knights Hall. Just bring them in and we'll take care of them.

Thank you,
Mike La Medica



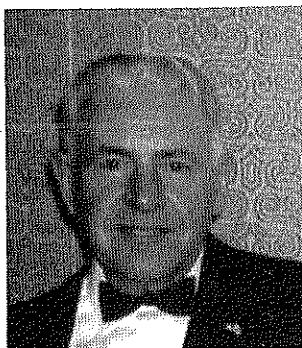
Shown above from left to right are Msgr. Richard McGuinness, G.K. Barney Capriglione, and Father Edward Swierzbinski at the Knights of Columbus Council Home during the recently held Day of Recollection.

On December 10, 1972, the Council home was turned over to the Catholic Activities and a Day of Recollection was held from 3:00 p.m. to 6:00 p.m. There were 46 members, family and friends participating. This included a talk by both Msgr. McGuinness and Father Swierzbinski followed by a question-and-answer period. The afternoon was concluded with the celebration of Mass, after which refreshments were served.

Corrected Address

For those who want to be **Pen Pals**
Miss Barbara Donnelly
Newington Children's Hospital
181 East Cedar Street
Newington, Connecticut 06111

Knight of the Month January 1973



Charity is the watchword of the Knight of the Month for January. He has been a member of the Wheelchair Brigade and the Telephone Committee for many years. He is also a member of the Fourth Degree Color Corps.

The January Knight of the Month is Lewis Denesh. Lew and his lovely wife Marge have lived here in Union for 22 years and are communicants of St. Michael's. Their daughter, Linda, is married and lives in Mahwah, N. J. Lew works for the Sherwin-Williams, Co., in Newark as a Master Checker.

All the brothers of 4504 join in saying thank you Lew and "Well Done".

JFK Fourth Degree News

Reminder that officer's meetings are every 1st Wednesday of the month.

Color Corps meetings are every 2nd Wednesday of the month.

Regular Assembly meetings are every 3rd Wednesday of the month.

The December Meeting was an open meeting with the food being prepared by Dom Zezza. A good time was had by all.

4504 Contributes To Operation Concern



Grand Knight Barney Capriglione presents a check to Joseph Gonnella, Past Grand Knight and Chairman of the Knights Project Concern to aid flood victims in Wilkes Barre, Pa.

The presentation was made at the Annual Christmas Meeting and Dinner, December 10, at the Council Hall on Jeanette Avenue. Also looking on are, left, Vincent Sarese, Union County Chairman for Project Concern, and Dom Clementoni, Past Grand Knight.

Wheelchair Basketball to Aid "Operation Concern"

Union Council Knights of Columbus will again sponsor a Wheelchair Basketball Game in conjunction with the New Jersey Wheelers on Saturday, January 13, 1973, at 8:00 p.m. in the Burnet Jr. High School (Caldwell & Morris Aves.). Tickets are priced at \$2.00 each.

The opposition for the New Jersey Wheelers this year will be a team from Boston, Mass. The Wheelers are undefeated early in this season and are looking forward to playing here in Union again.

All proceeds, after expenses, will be shared by the New Jersey Wheelers and the flood victims of eastern Pennsylvania. There certainly cannot be two better avenues to which we can channel our charity. Therefore, we are asking you to support this event. Many words have already been written in the Digest about the havoc created in Pennsylvania as a result of Hurricane Agnes. Now is the time for us to lend a hand in support of these unfortunate people.

Tickets are available through the following Brothers:

Frank Dickerson — Chairman
Dominick Clementoni — PGK
Michael Tomko — Dep. G.K.
Barney Capriglione — G.K.
(Fountain Realty)

Tickets will also be available at the Council Home.

Fraternally yours,
Frank J. Dickerson
Chairman-Wheelchair Basketball



Dear Brothers:

With the beginning of a new year let us reflect on what the new year will hold for us.

The old year has brought much happiness to me because of the brothers who have given so very much of their time and efforts.

I must certainly commend our Council Activities Chairmen Vincent Merizio and all those on his committee who have worked in making our 15th Anniversary and Past Grand Knights Dinner-Dance a memorable one.

Let us now concentrate on what is up and coming for 1973. There is our Wheelchair Basketball Game, our Council dances, our Knights Show, The Rosary and our annual convention. All these Council functions need your support and cooperation.

Therefore as a new year resolution I would suggest that we all get involved. Involved not only in Council functions but involved with our Church, the fight against abortion and to the needs of others. May I at this time wish everyone everywhere a most blessed and prosperous New Year.

Fraternally yours,
Barney Capriglione

What do you know of Padre Pio?

Our lecturer Andy Tobia has engaged Mr. Mario Braschi to speak on the life and works of a wonderful priest — Padre Pio. Come out on Monday, January 8th and be moved by his wonderful talk and slides. Padre Pio who just recently died left us a legacy of Catholic movements.

RETIREMENT I

Getting Ready: Today's concept of retirement is entirely different from that of a generation ago. The modern idea calls for retirement "to" a new life rather than "from" life. Now when a person retires he simply changes to a new occupation in which he can continue to grow in personal value and usefulness. Success in this period depends on the effort, knowledge and common sense you bring to it. Sitting around with nothing to do means being thrown on the scrap pile. Prior study and education is needed to master the basic ideas, problems and techniques of retirement living. This preparation is fully as important as any you had made for other stages of your life. Make decisions on the basis of fact rather than on hunches or guesses. Start by writing down activities you would do if circumstances permitted. Work out a detailed list even though it's only tentative. Each time you revise your original plan, you will come closer to developing

a program that will be practical for you as a person. Financial security is a factor you must always have in mind. Work all plans within your projected income. Having worked out a plan, follow it through, changing it only to update or improve. Statements and advice from a lot of retired persons show the majority of those who were contented and better adjusted to life in retirement had planned in advance. Individuals who were most frustrated were those who squandered away their senior years. The right mental attitude is part of getting ready to retire. The National Office of Vital Statistics tells us a man of 50 today has a 74 per cent chance to live to the normal retirement age of 65. Having reached 65, he has better than an even chance to survive to the age of 75. We cannot stop aging. We can enjoy good health and happiness in our senior years if we learn to grow intelligently and gracefully.

When you're in your forty's you should think of a program that will equip you mentally and physically for a purposeful life ahead. The attitudes, hobbies, talents and skills you develop during your middle years, your savings program, the care you give your health, all will greatly determine your well-being after retirement.

Retirement II

Getting ready: Retirement should not be a complete break with the past. It should merely be an extension of your plan for better living, developed during your pre-retirement years. Invest time in creative activities that will be rich assets when you are retired. Observe rules for healthy living. Overeating and poor diet can result in shortening your life. Rest and relax (not just loafing) and avoid emotional tensions. Begin to formulate a positive philosophy of life. Try to vacation in a different place every year, if you think you'd like to live elsewhere after you retire. Use vacation time as a personal investigation of retirement locations that might appeal to you. When you're in your late 50's your children will be grown, educated and on their own and you'll face decreased family responsibilities. Start getting your financial life style set for your future. Clear up long term debts. At age sixty, you have five more years (on the average) in which to build up your financial treasuries. Review your entire estate program in the light of income and needs. At this point become more active in your hobbies and other interests. Now is the time to bring them into full bloom. Think about adult educational courses being offered in your community. A few evenings a week going to these will reward you in getting new pastimes. Get ready to welcome retirement as the beginning of a new career. Get a complete check-up from your doctor and follow his advice on living in the later years. As you near 65, make application for Social Security. Payments are not automatic, you must apply for your benefits. Take advantage of all benefits you are entitled to, you have been paying towards in all your working life. As you go into retirement, put your hobbies and programs into

effect within a reasonable time. Too long a period of idleness invites despondency and robs you of the contentment and satisfaction you should enjoy. Stay out of debt, avoiding time payments or installment buying. Buy only needed items in economical quantities during sales as often as possible. (to be continued)

Day and Night

It's very strange that day will break
When slightest fall it does not take,
And stranger still that night can fall
And somehow never break at all.

Don't overdo friendship. Make friends, but remember that the best of friends will wear out if you use them too much.

Random Thoughts

Sign in an antique shop — "Come in and buy what your grandmother threw away" . . . All too often the shortest distance between two points is under construction . . . It's easy to tell when you've got a bargain. It doesn't fit. . . . The best thing about today's popular songs is that they're not popular very long . . . A wife who drives from the back seat is no worse than the husband who cooks from the dining room table . . . You can make more friends in two months by becoming really interested in other people than you can in two years by trying to get other people interested in you. Which is just another way of saying that the way to make a friend is to be one. (Dale Carnegie) . . . If you really want to see a raving beauty, just look for the gal who comes in second at next week's beauty contest . . . Always put off until tomorrow what you are going to make a mess of today . . . Our country's most basic need can be summed up in four words: bread, brains, beliefs and brotherhood . . . Bore is one who arrives at a party dragging his tale behind him . . . Ten years before it's time, a fashion is indecent, ten years after, it is hideous, but a century after, it is romantic . . . Only the man who has achieved success can afford to be as irritable at the office as he is at home . . . A twofold national problem is how to preserve the wildness in the country and get rid of the jungle in the cities . . . Nothing cures insomnia like a realization it's time to get up . . . There's nothing wrong in disagreeing with your wife. Unless, of course, she hears you. The human brain is a wonderful thing. It starts working the moment you are born and never stops until you stand up to speak in public . . . Wife to husband reluctant to help small son with homework, "Help him dear, while you can. Next year he goes to the 4th grade" . . . The 4th of July was when we celebrated our freedom in 1776 from unfair British taxation. Then in 1777, we started our own system of unfair taxation . . . The turn of the century was probably made by a woman driver . . . If you do a favor for someone and expect a favor in return, it's a trade, not an act of kindness.

Jim Moran

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