



Knights Digest



Union Council 4504

VOL. 20 NO. 6

UNION, N.J.

JANUARY 1979

**John F. Kennedy Assembly
4th Degree K of C Annual Ball
Honoring
Robert Armstrong P.FN. P.G.K.
February 3, 1979 — Saturday night
Galloping Hill Inn — Union**
Prime Rib or Lobster Tail
1 hour Cocktails & Hors D'oeuvres
Plus 4 hours Open Bar
\$45.00 Per Couple

For Tickets:
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Supreme Knight Surprises Pope

Supreme Knight Virgil C. Dechant, with a French name and a German background, brought a surprised look to the face of Pope John Paul II when he greeted him in Polish during a private audience at the Vatican. In Polish, Dechant said upon kissing the Pontiff's ring "Praised be Jesus Christ." "Oh, are you Polish?" asked the Pope in surprise. "No, but many of our members are Polish," replied Dechant. The supreme knight's greeting is a common form of salutation among Catholics in Poland. Dechant extended congratulations to the Pontiff on behalf of the Knights and offered his best wishes for a fruitful pontificate. He also pledged the orders' unswerving loyalty and devotion to the pope. An accomplished linguist, the pope switched comfortably from Italian to English and vice versa during the audience. He related that he had become personally acquainted with the work of the Knights during his visits to the United States. The pope expressed his appreciation to our order for the funding of papal telecasts to the world via satellite. The Holy Father also mentioned our using the mass media for evangelization, timely programs of fostering vocations, strengthening family life, supporting Catholic education, conducting pro-life activities and promoting devotion to the Blessed Virgin Mary. The pope extended his

(Continued on page 4)

Communion Supper
The Knights of Columbus 4504
and
Court Immaculate Heart of Mary 1360
Catholic Daughters of America
The Knights of Columbus Hall
1034 Jeannette Avenue, Union, N.J.
FEBRUARY 2, 1979
Mass begins at 7:30 p.m.
Ticket Price: \$3.75 per person

Swim Club Splashes

The annual Swim Club general meeting will again be held on the third Friday in January, the 19th. On the agenda will be reports of the various committees touching on the past years accomplishments and plans for the future. Elections to three directorships will also be held. The nominating committee has proposed the names of Peter Martin, Bob Basmadjian and Jack Bruno. Also on the agenda will be revision of the rules and by-laws. A letter concerning the details of these revisions will be sent to each member early in January. There will also be a proposal to increase the number of families in the membership open for discussion and an accompanying proposal to limit the number of guests permitted each family to six per month instead of eight in order to accommodate these new memberships. It must be remembered the eight guest privileges was arrived at when the membership was established at 300 families. We now have 400 families and still eight guest privileges. The question boils down to "are members or guests more important"? Two thirds of our members were on the waiting list at one time. We suggest you give this matter sincere consideration.

The Board of Directors extends its thanks and appreciation to the two departing members Gene Le Compte and Jim Ford for a job well done. Their talents will be sorely missed in the future deliberations of the Board.

We ask that anyone who plans to terminate his membership or anyone who has additions or deletions to his family roster since the close of the last season to please contact Membership Chairman Bill Taylor at 686-3120. Your cooperation will be greatly appreciated.

Happy Hour — Special

SPECIAL because on Sunday, January 14, 1978 the Columbian Club will sponsor the Happy Hour between 3 p.m. and 5 p.m.

SPECIAL because all top of the bar drinks will be served for 50 cents.

SPECIAL because food will also be served for 50 cents.

SPECIAL because the Super Bowl will be played on this day and both the Bar and Leisure Room Television will be available for viewing.

SPECIAL because the Happy Hour will be happy for two (2) hours.

Remember the date January 14, 1979.

**START THE
NEW YEAR
BY SPONSORING
A NEW
MEMBER!**

First Friday

The first Friday of the new year, January 5, will be the date of our Sacred Heart Devotion. Mass will be celebrated at 8 p.m. Following Mass, our guest will be Mrs. Judy Heatly who will speak on the Pro-Life movement in the United States. In addition to being a member of the Right To Life Speakers Bureau, Mrs. Heatly is the co-founder and past Director of The Union County Chapter of Birthright, an organization dedicated to assisting pregnant women in need of help.

Since January 22, is the anniversary of the U. S. Supreme Court decision legalizing abortion, this talk should carry added meaning. Please join us for Mass and this most informative talk.

The committee extends it's sincere thanks to all those who came to the Sacred Heart Devotion on December 1, swelling the attendance to over 100. Please continue this excellent demonstration of catholic action by attending our January session.

Program-Meeting Notice January 22, 1979

SEE on vivid color film
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Men's Bowling League

AFTER 14 WEEKS OF BOWLING Team Standings

1. #6 Bayer's Bears
2. #1 Pathfinders
3. #2 J & M
4. #4 Billy's Angels
5. #7 Horney's Hunkies
6. #12 Jersey Nights
7. #9 Rabblers
8. #10 M & Four "O's"
9. #11 Five-Elevens
10. #5 High Hopes
11. #8 Gee, T.J.'s
12. #3 Suburbans

The Top Ten

1. Jim Bayer 196
2. Jim Mench 180
3. John Burke 178
4. Hank Skarbek 177
5. Jack Schuettler 177
6. Frank Simone 177
7. Tom Hornig 175
8. Joe Busalacchi 173
9. Sam Simone 173
10. Tom Kachelriess 173

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STEVE PATRYKOWSKI — 687-8083

Grand Knights Column

Roy Trupiano



Another new year. A time to look back and look ahead.

How was the old year, what will the new year bring? Resolutions to be made, kept, some broken, some remade over and over again.

Doing as much reading as I do, I've come across some sayings that appealed to me, and I pass them on to you as possible guidelines, not necessarily as resolutions.

Those who command themselves, command others.

Love all, trust a few, do no wrong to others.

The true art of memory is the art of attention.

In this world, it is not what we take up, but what we give up, that makes us rich.

Truth is the highest thing that a man can keep.

There is nothing so powerful as truth. Co-operation is not a sentiment; it is an economic necessity.

He who cannot forgive others breaks the bridge over which he must himself pass.

You believe easily which you hope for earnestly.

He who endures with patience is a conqueror.

Speak well of everyone if you speak of them at all.

Each morning look back upon your work of yesterday and then try to beat it. Joy is not in things; it is in us.

A day of worry is more exhausting than a week of work.

Nothing is really work unless you would rather be doing something else.

One of the real joys of our lives is having friends and keeping in touch with them.

Good order is the foundation of all good things.

True friendship is a plant of slow growth.

To build soundly, you must think constructively.

Be silent, or speak something worth hearing.

Well there it is; a few selected words.

Let us remember in our prayers those who have passed on before us in 1978 and let us pray for peace in 1979.

A happy, successful, healthy, and blessed new year to everyone.

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Living May Be Hazardous to Your Health Part I

I agree smoking is not a healthy habit. I also agree excessive drinking, lack of sleep, improper diet, being overweight and breathing polluted air is bad for your health. Certain characters insist on going around thinking that the cure for cancer is that everyone in the world stop smoking. There are no **facts** that support their campaign. Contributing causes to cancer? Oh, yes, there are many. But no medical authority can tell us what is the **cause** of cancer. If they knew it would be truly a great medical breakthrough. When you walk out into the towns and cities of New Jersey, New York and Pennsylvania, you are taking a greater chance with polluted air than sitting in a room where people smoke. The air quality in those three states is among the worst in the United States. Heavy industrial pollution is all around us. If you are concerned about your health in regards to the air you breathe, you're better off living outside this area.

Skin cancer that was produced in mice, started part of the panic on smoking and cancer a few years ago. But most people failed to note the American Medical Association Cancer Research Committee Chairman testified that a human would have to smoke 100,000 cigarettes per day to get an equivalent exposure of tar used in experiments that produced skin cancer on mice. In a test case a wife whose husband died of lung cancer, sued Liggett and Myers and the Reynolds Tobacco Companies because he was a heavy smoker of their product and she therefore felt they contributed to his death (she lost the case). One of the experts that testified at the trial was a Dr. Burford. He had attended 2,000 cancer cases and operated on more than 1,274 people. He was asked if he had an opinion on lung cancer among non-smokers. "The doctor said "In my opinion 20 to 25% of the cases were non-smokers". He was questioned as follows: Q. Doctor can you say with reasonable medical certainty that cigarette smoking is **the** cause of lung cancer? A. No. Q. Can you say with reasonable medical certainty that cigarette smoking is **a** cause of lung cancer? A. No. Asked if its a **probable** cause, the answer was again no. Further on in the trial Dr. Burford said "In our experience (here he referred to his work with Dr. Everts Graham) we take into consideration the very large number of heavy smokers who never develop lung cancer. It is a terrific biologic phenomenon. It is not understood. No man knows the cause of lung cancer. Certainly no group that any doctor or any scientist knows can give the answer to this very important question". To say that smoking is **the** cause of cancer is a simple minded answer to a complex problem. Re American Medical Association was said "The problem related to establishing any kind of cause and effect relationship between tobacco use and health are far more complex than has been supposed. **The effect of smoking must be distinguished from the effects of the ever increasing environmental pollution attributable to automobile engines and industrial wastes. Many years will be required to gather sufficient facts and data to clear what is at best a muddled picture.**"

Jim Moran P.G.K.

Knight Digest

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EDITOR — GARY GUTHREAU
STAFF — JIM MORAN

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Veterans	Mike LaMotta
Human Values	Roger Burns

MONTHLY MEETINGS

1st Mon.	Council Officers
2nd & 4th Mon.	Regular Meetings
3rd Mon.	Swim Club
1st Wed.	4th Degree Officers
2nd Wed.	4th Degree Color Corps
3rd Wed.	4th Degree Regular
4th Wed.	Council Committees
1st Thurs.	Expansion Committee
4th Thurs.	Columbian Club

Sponsor a New Member!

We are very close to half our quota of 110 new members. We still require the assistance of all Brother Knights in helping us by sponsoring new candidates. Remember: sponsor 3 to 5 candidates and receive a trophy — sponsor 6 candidates and receive a K of C jacket!

Again, our thanks are extended to all Brothers who have already sponsored someone.

Let's make the second half of our fiscal year even better than the first half has been. THANK YOU!

Wayne Williams
Membership Director

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Supreme Chaplain Bishop Greco

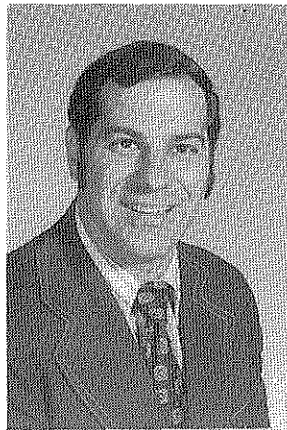
The Supreme Knight has honored our Supreme Chaplain for his many contributions to the Knights of Columbus by having a special membership drive in his honor from January 1, 1979 to June 30, 1979. It's both important and interesting to know the background of this outstanding priest, who is the spiritual director of our entire organization.

Bishop Charles P. Greco, was born in Rodney, Mississippi on October 29, 1894. At the age of eight, his family moved to New Orleans, Louisiana and he was enrolled at St. Mary's School. The school had been founded by Mother Frances Cabrini, who later was named the first citizen-saint of the United States. While he was a student at St. Mary's, young Charles became interested in the priesthood. One day after serving Mass, a task which he performed almost daily, he was introduced to Mother Cabrini. She took the young lad's hand and asked "Charles, what do you want to be when you grow up?" The 11 year old boy answered "Mother, I hope to be a priest". She replied "My boy, I will pray for you to be a priest, a good priest." She placed her hand on his head as if invoking a blessing. Later when Charles was not around Mother Cabrini commented "Yest this little boy will become a priest and he will go far in the priesthood".

Charles P. Greco was ordained on July 25, 1918. In January of 1946, Pope Pius XII appointed him Bishop of Alexandria, a position he held until his retirement in May 1973. He has been a priest for 60 years, a member of the Knights of Columbus for 60 years, a bishop for 33 years, a state chaplain for 25 years and supreme chaplain for 18 years. The bishop has always been immersed in the cares, concerns and needs of the people around him, and has always looked forward with Christian hope. The motto he chose when he was raised to the episcopacy is "Vivat Jesus", translated it means "May Jesus Live", in the hearts of all.

(More on Bishop Greco next month.)

Knight of the Month January



CARMINE VENES

Our Knight of the Month recognition for January is awarded to Carmine Venes. As a brother of our council for thirteen years, Carmine has quietly contributed his time and energy on many work parties. In addition, for the past several years he has single-handedly provided the landscaping and lawn mowing of the neighborhood park which bears our name on Winslow Avenue.

Carmine has long been interested in civic affairs. As our township committee-men can attest, he has religiously attended Union Township council meetings for more than ten years. He is therefore well suited to be chairman of our Civic and Cultural Committee, a position he recently assumed.

Carmine, a long-time resident of Union, now lives in Mountainside with his wife, Carol, and four daughters, Chris Ann, Laurie, Karen and Kathy. They are communicants of Our Lady of Lourdes parish, Mountainside. He is employed as a high school guidance counsellor by the Rahway school system.

We are pleased to have Carmine as our Knight of the Month for January.

□

Signs of our Time

Consider the following:

- Hospitals committed to preserving life are **forced** to perform abortions,
- **Minors** are given the right to have abortions without the consent of their parents,
- Abortion clinics are as **acceptable** in a town as a First-Aid station,
- **Your** tax dollars are used to support the taking of unborn infants lives.

Is abortion a political issue? Politicians better believe so! The unborn child has from God a right to live, and all of us — parents, society and government — have the obligation to protect that right. The Church has consistently taught that neither mother nor father, government nor society is the one who gives the unborn child the right to life nor is any one of them given the right to take it away. — Yet, **your** government not only allows abortions, but supports them with **your** tax dollars.

If you believe that abortion is murder, it's your responsibility to make your feelings known to your elected representatives! If no one else in the world but those in the Church will force society and government to open their eyes to their obligations, then we must do so with all our might.

On Monday, January 22, your council is sponsoring a bus trip to Washington, D.C. to take part in the MARCH FOR LIFE. In addition to joining the thousands of other Pro-Lifers in the march from the White House to the Capitol building, our group will have appointments during the afternoon to meet with the Congressmen and Senators from New Jersey. This is your opportunity to "Stand Up and Be Counted".

The bus transportation and your lunch will be provided free thanks to the donations given by the parishioners of St. Michael and Holy Spirit on Rose Sunday. On the way home in the evening we will stop for dinner. This will be your only expense. The bus will leave from our Council home prior to 7 a.m. and return at approximately 9:30 p.m. **Anyone** of high school age or older interested in attending should contact our Human Values Chairman, Roger Burns at 665-0799 as soon as possible since space is limited.

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Health Corner: Smoking

By Oscar Auerbach, M.D.

Over the past 24 years of investigating the effects of smoking here at the Veterans Administration Hospital in East Orange, we have found that there's no such thing as a harmless cigarette.

While nearly everyone knows that many cigarette smokers die of lung cancer and emphysema (holes in lung) and that heavy smoking contributes to atherosclerosis, much of the public is unaware that cigarette smoking can lead to cancer in the mouth, throat, esophagus, pancreas and bladder.

Those who don't smoke rarely develop cancer of the lung and less often do they develop the other cancers listed.

We don't know yet why cigarette smoking produces lung cancer or emphysema. We're not even sure that nicotine is the killer although it is a prime suspect.

While the damage of emphysema is not reversible, its progress stops when smoking is stopped. If smoking is halted before there is invasion and lung cancer, there is a gradual return to a normal cell population in the bronchial tubes.

There's a free booklet available which will tell you about scholarship grants available from the Federal Government. You can get it by writing for A Student Guide to Federal Financial Programs, Box 84, Washington, D. C. 20044.

A good leg will fail. A straight back will stoop. A black beard will turn white. A curled pate will become bald. A fair face will wither. A full eye will wax hollow. But a good heart is the sun and the moon, for it shines bright and never changes but keeps its course truly.

A recent issue of *Money Magazine* reports that 40% of the cars that are stolen today are hauled away by tow trucks in broad daylight. To foil such

theft, turn your wheels all the way right or left. Cars can't be hauled up on those platform trucks that way. If you're parking your car somewhere for a couple of days and you fear the car will be stolen, lean a couple of nails up against the tires. You'll wind up with a couple of flat tires, but you'll still have your car.

SURPRISES POPE (Cont. from page 1)

blessing to all Knights, their families and their loved ones.

After the audience Dechant stated that one of the most impressive qualities of the new pontiff are his warm penetrating eyes. "He is so intensely interested that he keeps his eyes fixed on you", the supreme knight commented.

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