



# Knights of Columbus Digest



Union Council 4504

Vol. 41 No. 6

UNION, NJ

February, 2000

## 1/2 WAY TO SUMMER

Knights of Columbus presents 1/2 Way to Summer Party, February 11, 2000, from 8-12. Featuring New Jersey's own Dr. Cheeko Island Sound. The ticket price is \$15.00 per person. This includes sandwiches, soda, beer and wine. Cutoff date for reservations is February 4, 2000. **NO EXCEPTIONS !!!**

Contact C. Cunningham at (908) 241-7710.

## ENJOY A NIGHT OUT !! Dinner? A Movie?

6<sup>th</sup>, 7<sup>th</sup> 8<sup>th</sup> GRADE DANCE  
FEBRUARY 18<sup>th</sup>, 2000  
7:30 pm to 10:30 pm  
\$4.00 per person  
K of C Children  
May bring two guests  
\* \* \*

Tickets on sale at the Council daily  
7:30 pm to 9:00 pm  
NO tickets will be sold at the door.  
Kevin Collins, 688-2038

## MEMBERSHIP

First and foremost, congratulations to our new 1<sup>st</sup> Degree Brothers from the Dec. 16<sup>th</sup> & Jan. 24<sup>th</sup> Degrees. We all look forward to your presence and involvement in our successes. You are our newest spokesmen. . . please sponsor worthy friends and family to join the order.

All brothers should remember, that new members are what keep our council vibrant and strong with new ideas and support.

Our goals and success are only achievable with support of brothers . . . recruit for our own good !!!!

Fraternally,  
Tom Conte - 687-4898

## CANCELLED

Our February 14, 2000 regular council meeting has been cancelled. Our next meeting will be Monday, February 28<sup>th</sup>, 2000.

## LAST CHANCE

February 8 and 9 is the last chance to participate in our JUBILEE 2000 COUNCIL YEAEBOOK. Be a part of Council history by participating in this event and receive a **Free Year-book** and a **8 x 10 Portrait** of your choice just for showing up, additional portrait packages may be purchased.

To set up an appointment please contact:

Henry Skarbek - 973-761-5274  
Tony Ferraro - 908-851-0797  
Paul Weisenbacher - 908-686-9073  
Richard Esposito - 908-688-697

## K OF C CONVENTION

May 18-21, 2000

ADVENTURER MOTOR INN

Ocean and Morning Glory Road  
Wildwood Crest, New Jersey 08260  
(609) 729-1200

4 night stay at Adventurer \$239.00

3 night stay at Adventurer \$205.00

2 night stay at Adventurer \$149.00

All efficiencies room have air-conditioning, heat, color TV, microwave, and refrigerator.

A deposit of \$70.00 for first night stay plus Hospitality. Remainder for room to be paid at Motor Inn at the front desk on day of arrival.

On Friday, sub sandwiches and pizza will be served at 7:00 sharp. Saturday, we will have our annual barbecue picnic at 12 noon.

All rooms must be reserved by April 28, 2000.

Contact C. Cunningham at (908) 241-7710.

## FRY-NITE FISH FRY

Friday, March 31, 2000

KNIGHTS OF COLUMBUS  
UNION COUNCIL #4504

1034 Jeanette Avenue  
Union, NJ

CLASSIC STYLE FISH & CHIPS  
WITH COLESLAW

COFFEE & DESSERT  
SODA &

1 PITCHER OF BEER PER TABLE

Cooking by Teddy Chistoper  
(Summer Snack Bar)

\$8.00 PER ADULT

\$5.00 PER CHILD

(Chicken Tenders Also Available  
For Children) ONLY !

**Reservations Preferred For**

**Guaranteed Seating**

**Take-out Available -**

**Please Call In Advance**

FOR RESERVATIONS CALL:

MARTY NATALE @ (908) 851-0692

RICH ESPOSITO @ (908) 688-6979

## BAPTISMS

We are looking for volunteers to take part in the Baptismal Services at St. Michael's Parish. The baptisms are held on the 2<sup>nd</sup> and 3<sup>rd</sup> Sunday of every month at 1:30. As a participant you will be representing the Knights of Columbus and will be presenting a rose to each mother and a pair of rosary beads to each father. Prior to presenting the rose and rosary beads you will also read a small explanation of the meaning of both of these items. Volunteers are needed for the months of February through June. If you are interested please contact Mike Cavallo at 686-7540. A thank you goes out to all who have volunteered thus far.

# Knight Digest

This bulletin is published monthly except August, by, and in the interest of Union Council 4504, Knights of Columbus. Entered as third class matter April 23, 1958 at Post Office, Union, N.J.

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 ..... 908-964-0767  
 Advertising..... John Peters  
 ..... 908-810-1283

## COUNCIL OFFICERS

OFFICE	OFFICER
Chaplain	Rev. Anthony Nardo (973) 376-3044
District Deputy	Robert Wozniak, PGK
Grand Knight	Kevin Collins (908) 688-2038
Depty. Grand Kngt.	Clarence Cunningham (908) 241-7710
Chancellor	Anthony Ferraro, Jr.
Warden	Marco Vitale
Fjn. Secretary	Tom Hornig
Recorder	Ed Frick
Treasurer	Tom Musarra
Advocate	James Conlon
Inside Guard	Ray Barnes
Outside Guard	Paul Weisenbacher
Outside Guard	Mike Cavallo
Trustee 1 Yr.	Ray Pruszkowski, PGK
Trustee 2 Yrs.	Larry Kilmer, PGK
Trustee 3 Yrs.	Rich Esposito
Lecturer	Frank Esposito
Col. Club Pres.	Joseph Willmore
Swim Club Pres.	George Clark

## MONTHLY MEETINGS

1st Mon. .... Council Officers  
 2nd & 4th Mon. .... Regular Meetings  
 3rd Mon. .... Swim Club  
 1st Wed. .... 4th Degree Officers  
 2nd Thurs. .... 4th Degree Color Corps  
 3rd Wed. .... 4th Degree Regular  
 4th Wed. .... Council Committees  
 4th Thurs. .... Columbian Club

## CHARITABLE POINT SYSTEM

If you belong to the pool, or plan to, and you are a new member, you have a responsibility to satisfy your points requirements, ask questions, seek help, inquire !!

If you are not sure what it's all about call Michael Cavallo at (908) 686-7540 or Tom Conte at (980) 687-4898.

## Chaplain's Column REV. ANTHONY NARDO

As we begin the new year, a thought about spiritual exercises is in good order.



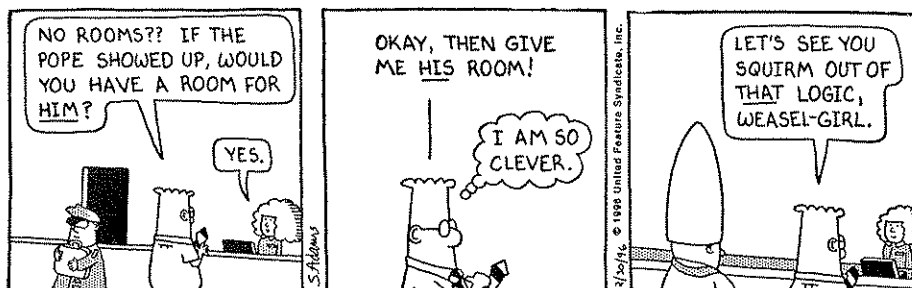
We hear a lot about physical exercise on TV every day, especially by those who want to sell us some gimmick device that will almost magically take the pounds off us and get us into shape. As one who has trained and completed seven 26 mile marathons, I know something about training. For one thing spot reduction is a myth. The only way to loose some inches is by burning fat overall, taking in less calories than you can use up. And there is no magic way to get into shape. It takes real work, effort and commitment. So too with things spiritual. Sometimes we may think that spiritual enlightenment or spiritual power should be ours without our even putting anything into it. But is this reasonable? God loves us but if do not rely on God, seek him, our relationship with him will be minimal at best. What are some spiritual exercises? Prayer, both with others and when alone, fasting, reading scripture, reading spiritual books or magazines, doing works of charity for others, giving causes, especially helping the poor, giving in support of the Church, our spiritual home, doing some kind of service for our Church community. These are some of the major ways we should exercise spiritually. Specifically, at our Council we have a unique opportunity for a spiritual exercise. Every First Friday we have a Mass at 7:30 pm in the Council Hall. Would you consider joining us? The Mass, I am sure, was central to our

founder Fr. McGivney's spiritual motivations. One of the missions of the Knights is to promote the love of Holy Mass. Come and join us. Just as exercise is frequently something to endure for a good result, so to spiritual exercise may be difficult and sacrificial at times but does yield good results, trust me on this. And, unlike physical exercise, spiritual exercise is not temporal but yields eternal benefits.

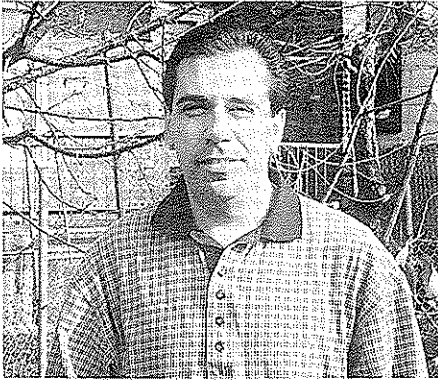
In His Love,  
 Fr. Anthony

## ESSAY CONTEST

The Knights of Columbus will be sponsoring an essay contest that will be comprised of 4 levels. Level 1 will be for grades 4 and 5, level 2 will be for grades 6, 7 and 8<sup>th</sup>, level 3 will be for grades 9, 10, 11 and 12<sup>th</sup>, while 4<sup>th</sup> level will be for adults age 18 and over. The topic of the essay for levels 1, 2 and 3 will be "As a young Christian growing up in the new millennium how can I make a positive impact on church and community in which I live." The topic for the 4<sup>th</sup> level will be "As an adult how have Faith and Family effected my contribution to Church, Community and Council." The essay for level 1 must be 250 words or more, for level 2 it must be 350 words or more, for level 3 it must be 500 words or more, and the adult essay level 4 must be 750 words or more. All essays must be typed and double-spaced. The essay must submitted by Monday, March 13<sup>th</sup>, essays received after the 13<sup>th</sup> will not be judged. Winners will be announced in the May digest. A \$100 Savings Bond will be awarded to the top winner in each level. The essay contest is being offered to all students in grades 4 through 8 at both St. Michael's and Holy Spirit Schools as well. Please call Mike Cavallo at 686-7540 should you have any questions. All essays should be mailed to Mike Cavallo at 530 Malcolm Road, Union.



## KNIGHT OF THE MONTH January, 2000



**MICHAEL CAVALLO**

Michael and his family are residents of Union for nine years. Michael has been married to his wife, Jeanie, for thirteen years and has two children Nicholas who is ten and Geanna who is six.

Michael and his family are parishioners of Our Lady of Mount Carmel in Newark, New Jersey. Michael is an employee of IBM.

In Michael's spare time, he is a Boy Scout Master, Civic Leader, and Democratic District Leader.

Michael is presently our outside guard and also chairman of our Baptismal Gifts.

Union Council #4504 is proud to name Michael Cavallo as January 2000 Knight of the Month.

## INSURANCE

### Insurance Millenium Check-up

I have concerns regarding the following:

- How many times my annual salary should I have in Life Insurance?
- Coverage for my children.
- Coverage for my grandchildren.
- Systematic savings bonds.
- Mortgage insurance.
- Retirement income insurance
- Jumbo term insurance \$500k.
- Flat term insurance.
- Interest program now paying 6.4% IRA's
- Education plans to accumulate funds.
- Long term care policies.

Contact your K of C professionals Rich Fuentes (908) 925-9131 or Joe Beninato (732) 287-2214.

## Grand Knight's Column

KEVIN COLLINS

Dear Brother

**Knight's :**

Every month when I attempt this article, my first thought is what is going on at the council. Unfortunately, February is a quiet month. We do have our Valentine's Day Dance, which led me to hearts. Stay with me.



I have always admired those who follow their hearts. Not worrying what others think. To listen to your heart, those decisions usually have positive outcomes. Most of us have had a broken heart; this kind of heart has no words to describe it. My daughter has a video where the lesson to be learned is: a thankful heart is a happy heart.

As the council begins a New Year perhaps a lesson could be learned where our hearts are concerned. I hope our council will be kind hearted in our thoughts and in our actions towards one and other. May February and the months to come find your heart content.

*Fraternally Yours,  
Kevin Collins, Grand Knight*

## ANNUAL FOOD DRIVE

The second half of our Annual Food Drive is about to commence. We will be holding one drive at the Washington Street School from April 3-7.

We are also planning four supermarket collection days to start in February, dates and times to be posted. Please call if you are interested in assisting. This is a great way to satisfy your point requirements, and leaves you with a warm feeling helping out the needy of our community.

For information, call Ray Barnes (908) 436-1515.

## CALENDAR " 2000 "

February, 2000

4 Fri. .... First Friday, 7:30  
7 Mon. .... Officers Meeting  
11 Fri. .... 1/2 Way To Summer Party  
12 Sat. .... Valentine Dance  
18 Fri. .... Grade Dance  
21 Mon. .... Swim Club Meeting  
24 Thurs. .... Columbian Club Meeting  
28 Mon. .... Council Meeting  
29 Tues. .... K of C Founders Day

March, 2000

3 Fri. .... First Friday  
4 Sat. .... 50's Night  
6 Mon. .... Officers Meeting  
13 Mon. .... Council Meeting  
13 Mon. .... Essay Deadline  
20 Mon. .... Swim Club Meeting  
23 Thurs. ... Columbian Club Meeting  
27 Mon. .... Council Meeting  
31 Fri. .... **Fish Fry**

April, 2000

3 Mon. .... Officers Meeting  
10 Mon. ... Council Meeting 1<sup>st</sup> Degree  
15 Sat. .... Mystery Dinner  
16 Sun. ... Children's Easter Egg Hunt  
17 Mon. .... Swim Club Meeting  
21 Fri. .... Good Friday  
24 Mon. .... Council Meeting  
27 Thurs. .... Columbian Club Meeting  
28-30 Fri., Sat., Sun. .... Annual Retarded Citizens Drive

## MORE TO COME FOR THE PLAYGROUND

Because of the good response to the Jan. 22<sup>nd</sup> Night of 50's music, we have decided to do it again. This time the date will be Sat., March 4<sup>th</sup> and there will be different groups. Prices will be the same, \$25.00 for dinner and both shows, \$15.00 for bar seats and the second show.

We are also planning a mystery dinner theater with a speakeasy motif for Sat., April 15<sup>th</sup>. The price will be \$30.00 per person. More details will follow in future digests.

The proceeds for the above events will go to the playground renovations.

The Columbian Club would like to thank our membership for all their support in our efforts so far. Please keep up the good work.

Contact Steve Patricco  
908- 688-8607